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For more information about the services of "Le Spa d'Elsa", please contact us using the contact form at the bottom of the page on our [website](#) or call +351 912018254 // +351 916609748

MASSAGES

Aromatherapy Massage

50min = 45€ | 80min = 65€

Personalised massage using essential oils to relax, decongest and beauty the body.

Balinese Massage

50min = 45€ | 80min = 65€

Full body massage using traditional techniques with acupressure and reflexology.

Lomi Lomi Massage

80min = 65€

Deep relaxing massage using long movements of hands and forarms, releases energy and stimulates circulation.

Deep Tissue Massage

50min = 45€

Deep tissue massage with stretching relieves muscular tension.

Marmatherapy Indian Massage

50min = 65€

Gentle pressure on Marma points, balance, clear and harmonize all systems of the body. Very effective to release tension, stress and calm the mind.

Pre / Pos Natal Massage

50min = 45€ | 80min = 65€

Wellbeing and de-stress massage given after the first trimester of pregnancy or after birth.

BEAUTY TREATMENTS

Radiance Facial

60min = 45€

Personalized facial with scrub, moistening and gentle massage of the face. Neck, and shoulders, followed by a deliciously moisturising face mask.

De-Stress Face Massage

30min = 25€

Massage concentrate on the muscles of face, neck, decollete and upper part of the back.

The Exclusive Face & Body

110min = 85€

The combinations of the massage of your choice with a personalized facial.

Complete hand or Foot Theraphy

50min each = 30€ each

Full manicure or pedicure including nail polish application.